

What can CAPS do for you?

CAPS runs a free, national telephone service to provide information, support and referral to anyone who is affected by child abuse. The service is staffed by highly-trained support workers who assist callers in many ways. Every caller is offered unconditional, non-judgemental support and positive regard.

CAPS telephone support workers will:

- Give you non-judgemental support and get you help if you think you might harm a child, or if you have harmed a child.
- Connect you with legal or professional services and other helpful organisations in your local area.
- Give you information if you need clarification about what child abuse actually is.
- Answer any questions that you may have relating to child abuse.
- Assist you in taking appropriate action if you have concerns about the safety and welfare of a child you know.
- Talk to you about any past or present problems you may have experienced in your own life (such as domestic violence, or substance abuse).
- Provide you with support and get you help if you were abused as a child.
- Talk to you about the thoughts and feelings that you have towards children.
- Give you assistance if you need help but don't know where to get it.
- Listen to you if you just need someone to talk to, for as long as you need to talk. You don't need a reason to call.
- Offer to follow-up with you and provide ongoing support if you'd like it.



**child abuse
prevention service**

**For free, non-judgemental
support call**

02 9716 8000

www.childabuseprevention.com.au